

Haddenham St Mary's School Travel Plan



Feb 2021

Spring term 2021

Welcome

It won't be long now before we can restart our planned initiatives in school. There are lots of things that you can do now to prepare yourself for sustainable school travel on our return.

Now that spring is definitely on it's way, how about getting out to hunt for those first signs of Spring. Twinkl has a lovely Spring Hunt Checklist <https://tinyurl.com/3m7w8e9j>



You could use this time to promote the importance of the **Green Cross Code to your children**. If you go out on a walk then make a point of practising safer crossing skills.

This website has some good ideas:

roadwise.co.uk/schools/using-the-road/green-cross-code/.

Working from home

With lots more parents working from home, now is the time to think about how you can combine yours and your child's daily exercise or fitness goals on our return to school.

-Put out your sports clothing the night before so you're ready to go in the morning.

- Pledge to include walking/jogging/cycling to and from school as part of your daily step count or fitness target.

-Focus on how great you'll feel if you've already completed half of your steps before 9.30 in the morning.

-If you're feeling rushed, you could walk to school and jog back. It'll probably be quicker than driving and parking the car.

-Keep it fun by travelling a different route to and from school.

Remember that you'll be setting a great example!

Please follow the Government guidance on social distancing if you decide to carry any of these activities out.

Big Pedal 19-30 April

Let's get ready now

Give children opportunities where possible to **practise their cycling or scooting skills in preparation for the Big Pedal 19-30 April**

<https://tinyurl.com/yvcp6y9r>



Now is a great time to help your child to ride their bike without stabilisers. This link from Sustrans may help

<https://tinyurl.com/4ph57k8p>

Discuss **bike and scooter maintenance** with your child and support them to maintain their own bike or scooter. Encourage children to wash their bike or scooter too!

<https://www.youtube.com/watch?v=e7blAQevmis>

Discuss the importance of **always wearing a helmet** and how this keeps them safe.



Re-launch of WOW travel tracker

Have you wondered what travel tracker is? Or where the badges that your child brings home are from?

Every sustainable trip to school counts towards different badges that your child can earn.

They love to complete the travel tracker each day on our interactive board. This link will give you more information

<https://tinyurl.com/4ymcm2bu>

Mrs Nickless would love to see what you are up to. Please email your class email with any photos and she'll put it on the school website