

Haddenham St Mary's Year 1 and Year 2 PSHE and RSE half termly overview

Year 1

Term:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Core Value	Respect	Honesty	Forgiveness	Love	Compassion	Friendship
Happy and Healthy	H13 – to think about themselves learn from experiences , to recognise and celebrate strengths and set simple but challenging goals		H5 – about change and loss and the associated feelings (including moving home, losing toys, pets or friends)	<p>H1 – What constitutes and how to maintain a healthy lifestyle including the benefits from physical activity, rest, healthy eating and dental health</p> <p>H7 – how some diseases are spread and can be controlled; the responsibilities they have for their own health and that of others, to develop simple skills to stop diseases from spreading</p> <p>H10 – the names for the main parts of the body (including external genitalia) and the body similarities and differences between boys and girls</p> <p>H6 – the importance of, and how to, maintain personal hygiene</p>		

Me and You	R1 – to communicate their feelings to others, to recognise how others show feeling and how to respond	R4 – to recognise what is fair and unfair, kind and unkind, what is right and wrong	R9 – to identify their special (friends, family, carers), what makes them special and how special people should care for one another	R8 – to identify and respect the differences and similarities between people.		
Out in the World	L2 – to help construct group, class and school rules and understand how these rules help them			L9 – ways in which we are the same as all other people, what we have in common with everybody else	L6 – that money comes from different sources and can be used for different purposes, including the concepts of spending and saving,	*Summer safety (road, train, water) *Know where to get help – including during the holidays

Year 2 half termly overview

Term:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Core Value	Respect	Honesty	Forgiveness	Love	Compassion	Friendship
Happy and Healthy	H4 – about good and not so good feelings, vocabulary to describe feelings to others and develop simple strategies for managing feelings	H14 – about the ways in which pupils can help the people who look after them protect them more easily	H6 – the importance of, and how to maintain, personal hygiene H8 – about the process of growing from young to old and how people’s needs change H11 – that household products, including medicines, can be harmful if not used properly H15 – to recognise that they share responsibility for keeping themselves safe, when to say ‘yes’ ‘no’ ‘I’ll ask’ ‘I’ll tell’ including knowing that they do not to keep secrets	H2 – to recognise what they like and dislike, to make informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences	H9 - about growing and changing and the new responsibilities that increasing independence may bring H16 – what is meant by privacy, their right to keep things private, the importance of respecting others privacy	H12 – rules for and ways of keeping emotionally and physically safe including responsible ICT use and online safety, road safety, cycle, safety and safety in the environment, rail, water and fire safety

<p>Me and You</p>	<p>R9 – to identify their special people (family, friends, carers), what makes them special and how they should care for one another</p>	<p>R13 – to recognise different types of teasing and bullying, to understand that these are wrong and unacceptable</p> <p>R14 – strategies to resist teasing or bullying, if they experience it or witness it, whom to go to and how to get help</p>		<p>R3 – the difference between secrets and nice surprises (that everyone will find out eventually) and the importance of not keeping a secret that makes them feel uncomfortable, anxious or afraid</p> <p>R11 – that peoples bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)</p>	<p>R10 – to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)</p>	
<p>Out in the World</p>	<p>L2 - to help construct group, class and school rules and o understand how these rules help them</p> <p>L4 – that they belong to different groups and communities such as family and school</p>					<p>L3 – that people and other things have rights and that everyone has responsibilities to protect those rights (including protecting others bodies and feelings, being able to take turns, share and understand the need to return things that have been borrowed)</p> <p>L5 – what improves and harms their local, natural</p>

						<p>and built environments and develop strategies and skills needed to care for these (including conserving energy)</p> <p>L7 – about the role money plays in their lives including how to keep it safe, choices about spending or saving money and what influences those choices</p> <p>*Climate distress</p>
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