

Haddenham St Mary's CE School



PSHE POLICY

Introduction

This policy outlines the aims, principles and strategies for the teaching and learning of Personal, Social, Health and Economic Education (PSHE) at Haddenham St Mary's CE School (HSM) and this document should be read in conjunction with the school's Relationships Education policy.

The aim of this policy is to:

- Provide information to staff, parents and carers, governors, children and other agencies regarding the organisation, content and approach to teaching PSHE Education.
- Help parents and carers to understand PSHE at HSM and support them to work with their child to secure the very best outcomes for all.
- Demonstrate how the school meets legal requirements with regards to teaching PSHE.

Legal Requirements

At HSM we teach the statutory parts of PSHE – Relationships Education (please see our Relationships Education Policy) and Health Education through our PSHE curriculum.

- The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all children receiving primary education. They also make Health Education compulsory in all schools except independent schools.
- To comply with the 'Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance issued by the DfE
- We follow the DfE guidance for teaching PSHE (updated June 2019) <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>
- To have due regard to the Equality Act (2010) which requires schools to prevent discrimination, advance equality of opportunity and foster good relation between different groups. The protected characteristics that apply to school age children are disability, race, religion or belief, sex, sexual orientation, gender reassignment, pregnancy and maternity.
- To fulfil statutory safeguarding duties and ensure any safeguarding issues arising from PSHE are identified and followed in accordance with the school safeguarding policy.

Rationale and ethos

PSHE Education is a distinct curriculum subject and has both statutory and non-statutory elements as defined by the DfE. High quality PSHE education supports children's personal, social, health and economic development, helps to give them the knowledge, skills, strategies and attributes to make informed choices and decisions about the different opportunities and challenges life presents. Children will learn about relationships, health and wellbeing, keeping safe, managing their off and online lives, living in the wider world and financial education at an age appropriate level. Providing a high quality PSHE curriculum gives children opportunities to explore issues that are real and relevant to them in their daily lives in a safe and managed environment. We want to promote the Christian values of respect, love, compassion, honesty, forgiveness and friendship through good quality teaching of PSHE at our school.

Roles and responsibilities

The PSHE programme will be led by the PSHE co-ordinator. The PSHE leader is responsible for providing an overview of the subject across the school to inform staff planning and to offer advice in which the curriculum can be delivered in an effective and engaging way. PSHE will be taught in EYFS and KS1 in line with the year groups long term curriculum overviews as well as the foundation stage and national curriculum requirements. Individual teachers are responsible for the day to day planning, delivery and assessment of PSHE lessons. Teaching staff will receive necessary training to ensure content is accessible to all children. The governor for

PSHE and Relationships Education is responsible for ensuring there is a good professional dialogue with the subject leader throughout the school year.

Curriculum Design

We provide a spiral curriculum to ensure children are taught key aspects of PHSE at a relevant and age appropriate level and in line with their continuing personal, social and emotional development.

Our PSHE curriculum covers statutory Relationships Education (please see Relationships Education policy for further details). Relationships Education at HSM focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults.

Health Education

We deliver statutory Health education through our PSHE curriculum. Health Education aims to teach children about physical and mental wellbeing and give children the information that they need to make good decisions about their own health and wellbeing. It should enable them to recognise what is normal and what is an issue with regards to themselves and others; children will be taught how to seek support as early as possible and from a safe and trusted source.

Living in the wider world/Economic Education

Our PSHE curriculum covers Economic Education and Living in the Wider World. Children will learn about managing money, climate change, recycling and possible careers.

At HSM as we are an infant school, we do not teach Sex Education as part of our Relationships and PSHE curriculum. However, we will cover 'Being Safe', an aspect of the statutory Relationships Education curriculum which includes learning related to privacy and safeguarding. It is recommended children are taught the correct names of all body parts. In the Year 1 Science curriculum we will teach the anatomically correct names for genitalia.

Intent

At HSM, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We share a cohesive vision to help children to understand and value how they and others fit into and contribute to the world. We have a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health through a relevant and engaging PHSE programme aligned to a whole school approach. We also promote and practice wellbeing allowing children to advance their emotional awareness, concentration and focus and use nature to help with this. Our approach aims to develop the qualities and attributes children need to thrive as individuals, family members and members of society and the global community.

Implementation

We use the PSHE Association programme to deliver PSHE throughout school. At HSM PSHE is a taught subject. PSHE is taught in units and the themes are available to view on the school website. Progression in skills and knowledge in the subject is outlined in the PSHE progression grid. These themes are also embedded through all other lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning.

The aims of PSHE within HSM are to provide children with:

- Accurate and relevant knowledge
- Opportunities to create personal understanding
- Opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- A range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life.

Impact

Through our PSHE curriculum, we believe we can enhance children's education and help them to become caring, respectful, responsible and confident individuals and citizens that are well prepared for the next steps of their life.

Our PSHE provision will...

- Provide children with well-chosen opportunities and contexts to explore and embed new knowledge that can be used confidently in real life situations
- Allow children to form healthy, happy relationships with other children and adults and recognise the features of unhealthy relationships and have strategies to challenge negative behaviour of others and seek help when needed
- Enable children to know how and when to ask for help and where to access support
- Allow children to well informed choices and recognise the risks they may encounter both on and off line and are able to make safe choices

Assessment

Relationships Education is assessed as part of PSHE formative assessment. Children will have opportunities to review and reflect on their learning during lessons through peer and self-assessment opportunities. They will be able to show their understanding through work completed in lessons.

Inclusion

We ensure PSHE is inclusive and meets the needs of all our children, including those with special educational needs and disabilities (SEND). A variety of differentiation strategies are used within the school to ensure that the individual needs of each child are met. This is in line with the school's policy on Special Educational Needs.

Safe practice and safeguarding

We will ensure a safe learning environment by setting appropriate rules and boundaries at the beginning of PSHE teaching sessions. If questions are asked, they are answered truthfully and with sensitivity that is appropriate to the age of the children and the situation.

Any personal disclosures made by children will be followed up in accordance with the school's Child Protection Policy. Staff will report any safeguarding concerns to the DSL, record on CPOMS and share concerns with parents/carers according to the school's safeguarding procedures.

Parent Partnership

We wish to build a positive and supportive relationship with the parents of the children in our school. Therefore, the views of the children and their parents are sought in a variety of both formal and informal ways through the Home/School Partnership Programme and specific questionnaires. Parents will be informed about the policy through the school website. They will also be able to access curriculum overviews for each year group on the school website.

Monitoring, reporting and evaluation

PSHE is regularly evaluated by the PSHE subject leader, SLT and Governors. The PSHE leader will attend courses/training events to ensure their subject knowledge is up to date. To ensure staff are confident to deliver all aspects of the PSHE curriculum access to online, in school, local and national training will be made available and in accordance with the school's CPD programme for staff development.

The views of our children, parents, governors and teachers are used to make changes and improvements on an ongoing basis. Any changes or updates to the PSHE curriculum will be discussed with staff during staff meetings and INSET time.

Review

This policy will be reviewed on three yearly basis. It will be reviewed by PSHE lead and the Headteacher. This will ensure the policy is in line with school values and statutory requirements.

Links to other policies

This policy links to the Relationships Education policy, Child Protection Policy, Anti-Bullying Policy, Online Safety policy, the School Behaviour policy, EYFS policy, and Keeping Children Safe in Education.

Appendix 1

DEF information from statutory guidance

Relationships – primary

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

Health education

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/physical-health-and-mental-wellbeing-primary-and-secondary>

DfE Guide for parents

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf