

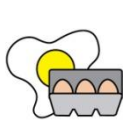
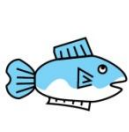




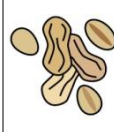




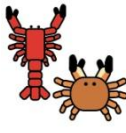





DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Autumn 1 2019

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Turkey curry and rice		✓					✓							
Vegetable curry and rice		✓					✓							
Roast turkey dinner		✓		✓			✓							
Quorn roast dinner		✓		✓			✓							
Jacket potato with a choice of fillings					✓		✓							
Fish cake, chips and vegetables		✓		✓	✓		✓							
Vegetable fingers, new potatoes/chips/ croquettes/rosti and vegetables		✓		✓			✓							
'Free from' fish fingers, new potatoes/chips/ croquettes and vegetables					✓									
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Sausage roll, potato rosti and peas		✓		✓			✓							✓
Veggie sausage roll, potato rosti and peas		✓		✓			✓							✓
Breaded salmon, new potatoes and vegetables		✓		✓	✓		✓							
Vegetable slice, potato lattice/chips and vegetables		✓		✓			✓							
Roast beef dinner		✓		✓			✓							
Vegetable sausage roast dinner		✓		✓			✓							✓
Tacos, rice and salad		✓		✓			✓							
Veggie tacos, rice and salad		✓		✓			✓							
Falafel roast dinner		✓		✓			✓							
Fish fingers, chips and vegetables		✓		✓	✓		✓							
Chilli, rice and nachos		✓		✓			✓							
Veggie chilli, rice and nachos		✓		✓			✓							
DISHES														
	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

	gluten													
Fish burger, potato lattice and peas	✓			✓		✓								
Fish, chips and vegetables				✓										
Tomato and basil pasta bake with garlic bread	✓		✓			✓								
Hotdog, potato rosti and salad	✓		✓			✓								✓
Veggie hotdog, potato rosti and salad	✓		✓			✓								✓
Spaghetti Bolognese	✓		✓			✓								
Veggie Spaghetti Bolognese	✓		✓			✓								
Chicken goujons, new potatoes and vegetables	✓		✓			✓								

Review date:
24/06/19

Reviewed by: J Higgins



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