



MENU – week 4

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Chilli, rice and nachos	Hot dog, chips and vegetables	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Tuna pasta bake
Vegetarian option	Vegetable chilli, rice and nachos	Veggie hot dog, chips and vegetables	Veggie sausage roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable pasta bake
Dessert	Peach	Fruit jelly	Fresh fruit	Jam sponge	Homemade biscuit
Free From option	Chilli, rice and nachos Peach	Hot dog, chips and vegetables Jelly	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Flapjack/biscuit	Tuna pasta bake Biscuit
<p>All meals will contain or be served with at least one portion of vegetables. All hot puddings will be accompanied by custard or cream. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>					