








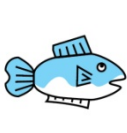







DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Spring 1 2018

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hotdog, chips and vegetables		✓		✓			✓							
Veggie hotdog, chips and vegetables		✓		✓			✓							
Roast turkey dinner		✓		✓			✓							
Quorn roast dinner		✓		✓			✓							
Jacket potato with a choice of fillings					✓		✓							
Breaded salmon, new potatoes and vegetables		✓			✓									
Vegetable fingers, new potatoes/chips and vegetables		✓		✓										
'Free from' fish fingers, new potatoes/chips and vegetables					✓									
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Vegetable slice, chips and peas			✓			✓								
Shepherd's pie						✓								
Vegetable pie						✓								
Chicken and leek pie with diced potatoes		✓				✓								
Vegetable pie with diced potatoes		✓				✓								
Scampi, chips and peas		✓	✓		✓	✓								
Tuna pasta bake		✓			✓	✓								
Vegetable past bake		✓				✓								
'Free from' tuna pasta bake					✓									
Chilli, rice and nachos		✓												
Vegetable chilli, rice and nachos		✓												

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Reviewed by: J Higgins



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